

4 Benefits of Digital Advanced Care Planning

Why is Digital Advanced Care Planning Essential?



**A1 Nursing
Services**

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THURSDAY / 04

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FRANCIS

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About Us

At A1 Nursing and Care Services, our mission is to enhance the lives of those in need by providing exceptional care and support. We do this by bringing expert care into people's homes, and connecting them with medical services.

Our dedicated team of hand-picked, highly-experienced Registered Nurses and care staff is committed to delivering evidence-based best practice aged care support, disability services, and recruitment solutions to the NSW Mid North Coast community.

Our entire team shares a profound passion for enhancing the quality of life for those under our care, with a commitment to providing people with stability and comfort.

Compassion is the cornerstone of our approach, and it guides everything we do.

Unlike many providers, we are not a franchise. Instead, we are locally owned and based, firmly rooted in the communities we serve. We hold a steadfast principle that we won't take anyone into our care unless we are confident that we can provide them with the very best care possible.

Preface

One of the most significant benefits of digital advanced care planning is that it empowers individuals to take control of their healthcare decisions. Digital advanced care directives (ACD) allows people to express their values, beliefs, and treatment preferences, ensuring that their medical care aligns with their personal choices, even if they become unable to communicate or make decisions in the future. By actively participating in ACD discussions and documentation, individuals can achieve:

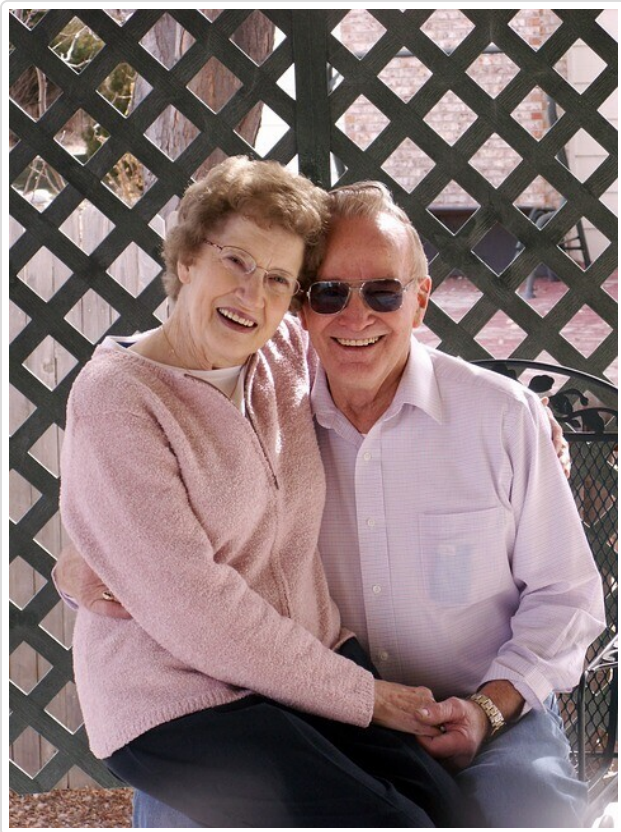
1. Improved Communication

Specified Treatment Preferences - ACD enables individuals to make clear and informed choices about the type of medical treatments they want or do not want, such as life-sustaining interventions, palliative care, or hospice care.

Enhanced understanding

ACD conversations enable individuals to discuss their medical conditions, prognosis, and potential treatment options with healthcare providers. This leads to better comprehension of the available choices and their potential outcomes.





Reduced Healthcare Costs

Improved communication can lead to more efficient use of healthcare resources by avoiding unnecessary admissions, tests and treatments that do not align with the patient's goals.

Emotional Support

ACD provides an opportunity for people and their families to discuss their fears, concerns, and emotions related to end-of-life care. This emotional support is invaluable during challenging times.

2. Improved Quality of Life

ACD is not just about end-of-life decisions; it also emphasizes enhancing the quality of life throughout an individual's healthcare journey. By actively participating in ACD, individuals can ensure that their medical care aligns with their values and preferences, resulting in a better quality of life.



Reduced Suffering

ACD allows individuals to express their preferences for pain management, symptom control, and comfort care. This can reduce unnecessary suffering and improve the overall experience of healthcare.

Goals and Values

ACD discussions encourage individuals to reflect on their values and goals for their healthcare. This self-reflection can help in making decisions that are consistent with one's beliefs and priorities.

Fewer Medical Errors

Clear documentation of treatment preferences in advance helps prevent misunderstandings and reduces the risk of medical errors, such as administering treatments that the patient did not want.



3. Peace Of Mind

Focus on Personal Goals

ACD discussions encourage individuals to set personal goals for their healthcare. This might include spending more time with loved ones, enjoying meaningful experiences, or prioritizing comfort over aggressive medical interventions.

Mindset

Knowing that their healthcare choices will be respected brings peace of mind to individuals and allows them to focus on living their lives fully.

Relieve Decision-Making Burdens

ACD alleviates the burden on family members and loved ones who might otherwise be forced to make difficult medical decisions without clear guidance from the individual. This empowerment can reduce the potential for conflicts among family members.

QR Codes

A QR code can be printed from your directive. This means that all of your wishes can be instantly accessed by a first responder, a family member or a friend. This helps to eliminate confusion as to how you want to be cared for should you not be able to speak for yourself. You can send the QR code to your GP and solicitor, and it can be placed on your file.



4. Ethical and Legal Clarity

ACD's plays a crucial role in establishing ethical and legal clarity in healthcare decision-making. When individuals document their treatment preferences and appoint a healthcare proxy, it provides a clear framework for decision-making, reducing ambiguity and potential conflicts.

Reduced Ethical Dilemmas

ACD helps healthcare providers navigate complex ethical situations by providing clear guidance on an individual's wishes. This reduces the burden of making ethically challenging decisions.

Legal Protection

ACD documentation, including advance directives and healthcare proxy designations, provides legal protection for both the person and healthcare providers. It ensures that medical decisions are made in accordance with the law. The Digital Advanced Care Directives are legal in all states and territories across Australia.

Family Peace

ACD can prevent disputes among family members about the appropriate course of treatment for a loved one. When the patient's preferences are documented, it reduces the emotional burden on families and minimizes the risk of legal disputes.

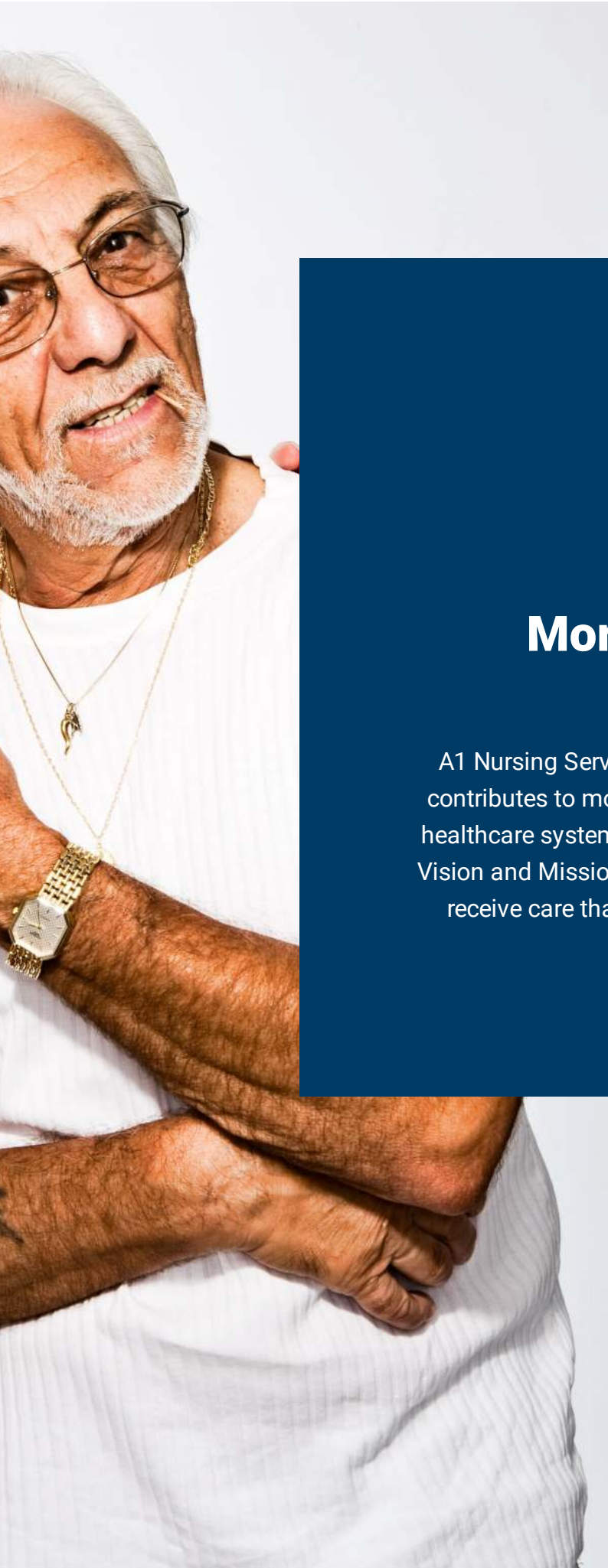
Improved Trust

ACD enhances trust between the person and healthcare providers, as people are more confident that their values and choices will be respected, even in critical situations.

Designate a Healthcare Proxy

A key aspect of ACD is appointing a healthcare proxy or durable power of attorney for healthcare, someone who can make medical decisions on the individual's behalf if they are unable to do so themselves. This designation ensures that someone they trust will advocate for their preferences.





A1 Nursing
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More Than Health

A1 Nursing Services offer Advanced Care Plans as it contributes to more efficient resource allocation within healthcare systems. This also aligns with our Company Vision and Mission by ensuring that clients and patients receive care that orientate well with their goals and preferences.